



Quantum Physical Therapy and Wellness Centre

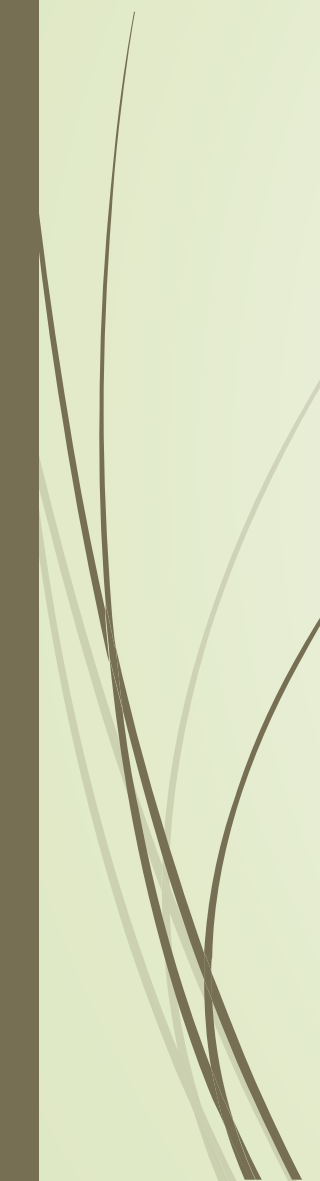
A-1/111, Basement, Safdarjung Enclave, New Delhi- 110029

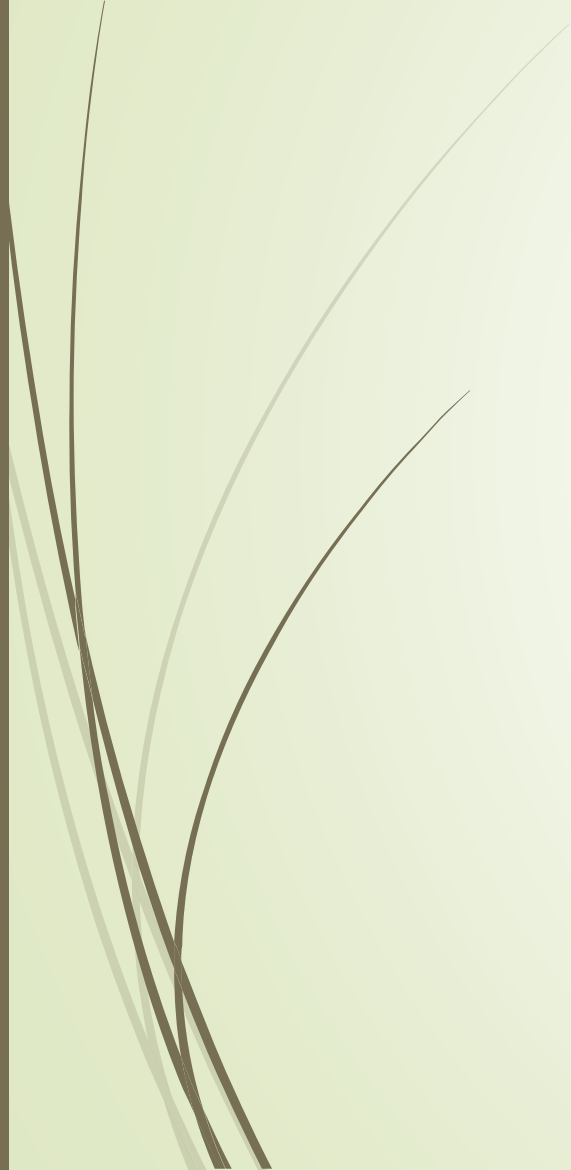
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Conditions we treat..

MUSCULOSKELETAL CONDITIONS:

- Frozen shoulder
- Osteoarthritis pain
- Post-operative rehabilitation
- Lower back pain
- Disc prolapse
- Neck pain
- Scoliosis
- De-quervain tenosynovitis
- Muscle pain
- Postural syndrome
- Bursitis
- Soft tissue injury
- Lymphoedema

NEUROLOGICAL CONDITIONS:

- Stroke
- Parkinson disease
- Spinal cord injury
- Gullian barre syndrome

SPORTS INJURY CONDITIONS:

- Jumper's knee
- Runner's knee
- Patellofemoral pain syndrome
- Tennis/golfer elbow
- Hamstring strain
- Ankle sprain
- ACL rehabilitation
- Meniscal injury rehabilitation



Our rehabilitation techniques..

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- Electrotherapy
 - Joint mobilization
 - Myofascial release
 - Muscle energy technique
 - Spinal manipulation
 - Taping
 - Dry needling
 - Cupping
 - Neurokinetic Therapy









Our electrotherapy services..

- ▶ TECAR therapy
- ▶ Interferential therapy (IFT)
- ▶ Transcutaneous electrical nerve stimulation (TENS)
- ▶ Wireless muscle stimulators
- ▶ Pneumatic compression
- ▶ Paraffin wax
- ▶ Hydrocollator pack
- ▶ Ultrasonic therapy
- ▶ Cold pack/ cryotherapy
- ▶ Longwave diathermy
- ▶ Pulsed shortwave diathermy
- ▶ Laser



Combination unit



Wireless muscle stimulators

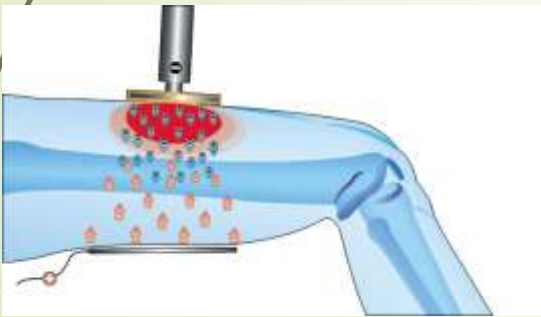


Our specialties..

- ▶ The team-physio of quantum are highly qualified professionals who can assess skilfully, does treatment to facilitate rapid control of muscle and joint pain and return to activity
- ▶ Clinic is equipped with latest electrotherapy modalities
- ▶ Holistic approach and faster recovery
- ▶ Individual tailor-made physiotherapy rehabilitation. “ No fixed protocol “
- ▶ Helps in avoiding surgery
- ▶ Quick and easy appointments
- ▶ Therapist patient 1:1 ratio

TECAR THERAPY

- ▶ WINBACK energy is a high-frequency current operating at 300 KHz ,500 KHz and 1 MHz depending on the selected mode. This non-invasive current **stimulates the body's natural repair mechanisms, promoting cellular exchange**. In combination with the therapist's manual approach, it offers excellent rehabilitation results thanks to fast recovery of muscle and joint functions
- ▶ 2X faster rehabilitation
- ▶ Improve mobility and quality of life



Cupping Therapy





THANK YOU

